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NPO Reg. No. 217-742

WESTERN CAPE AQUATICS A CHAMPIONSHIP GALA

5 to 9 December 2024, UWC Pool, Bellville, Cape Town

Western Cape Aquatics would like to welcome all swimmers who take part in this championship

NOTE – SESSIONS AND SESSION TIMES MIGHT CHANGE AFTER ENTRIES HAVE BEEN RECEIVED

HEATS WARM-UP SESSION 1:	13:00	GALA START:	14:00
HEATS WARM-UP ALL:	07:00	GALA START:	08:00
FINALS WARM-UP SESSION 3&9:	13:30	GALA START:	14:30
FINALS WARM-UP ALL OTHER:	14:30	GALA START:	15:30

Athlete Surcharge R150

Individual events R 60

Relays R 80 (only 2 will count for points)

No training equipment (boards, fins, paddles) is allowed during warm-up. Side Lanes to be used for dives. Please exit the pool via the stairs. NO climbing out over the touch pads.

GENERAL:

WORLD AQUATICS & SSA Rules will govern this event.

Clubs are requested to see that the area is kept neat, bins will be placed & cleaned regularly.

No flash photography during the start of a race.

We request everyone to please remain silent during the start of a race.

Please do not place any towels over the advertising boards.

NO alcohol is permitted on the premises. NO fire or gas braais are permitted on the premises.

The pool grounds are a NO SMOKING ZONE.

Only Team Managers allowed at the ETD table.

President: L Coetzee **Vice-President:** F Omar **Secretary:** D Kotze **Treasurer:** L Stevenson **Marketing:** vacant

Records Officer: E Cecil **Schools:** P Fryer **Transformation and Development:** C Van Niekerk

District Presidents: West Coast – T Lategan; Overberg - H Oosthuizen; Winelands - D Peceur; CTA – F Omar; Eden – L Coetzee;



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ADMISSION TO THE POOL:

Gates will open at 12:00 on Thursday & 06:30 every morning.
Warmup session 2 hours on Wednesday 14:00 – 16:00.
Spectators will not be charged, due to the swimmer surcharge.

TEAM MANAGERS:

There will be no Team Managers meeting please send queries on the WhatsApp group.

Late entries will be accepted for the 1st session if received by **17:00 on 4 December 2024** subject to payment of a late entry fee of 10x (ten times) the original entry fee and the availability of a lane in the particular event.

Scratchings for the first session will close at **17:00 on 4 December 2024**.

TM packs will contain the following:

- Documentation needed: relay confirmation forms, scratching forms,
- Copy of the club's preordered t-shirt order

Notices will be sent via a WhatsApp group.

Clubs to make sure coach & team manager contact numbers were communicated.

PROGRAMMES & RESULTS:

Each club will receive free programmes for their team manager and coach from the admin office.

Results will be on *Meet Mobile*. Please remember **Meet Mobile results are unofficial**. Programs will be published via the WhatsApp group after scratching for each session has been done.

POOL ACCESS:

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Clubs are encouraged to bring their gazebos, umbrellas & camping chairs.

Set up Wednesday from 14:00 - 16:00.

NO VEHICLES are allowed on the premises to offload.

Erecting of gazebos will be done on a 1st come 1st serve basis.

Please ensure that your gazebo is securely fastened and not erected in demarcated areas. Any gazebos found in demarcated areas WILL BE REMOVED.

No exceptions shall be made.

Please note that gazebos will be removed if in the Emergency exit and if in contravention with the above.

Clubs are kindly requested to be considerate towards one another with regard to space inside the venue.

OPENING & MARCH PASS

There will be a march pass and opening ceremony on Friday afternoon, 6 Dec 2024, at 15:50, swimmers are to be ready at 15:40.

Team Managers must please get their teams together, they will start at the pool entrance and behind the ETD walk around the pool.

TOURNAMENT MERCHANDISE:

Pre-ordered t-shirts will be packed for collection at the ETD Table by Team managers only. If there are any extra t-shirts this will be communicated via the WhatsApp group.

MEDICAL FACILITY:

There will be qualified paramedics on duty for the duration of the event.

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PROTESTS:

Protests will only be accepted from Team managers, completed on a protest form with R600 Protest Fee lodged with the ETD Table within 20 minutes (twenty) of the announcement of the disqualification.

NO media footage or photos will be permitted.

In case of a dispute, the referees' decision is final.

CATERING:

Officials will be supplied with refreshments.

VENDORS:

There will be various food stalls.

Swimming apparel will be on sale.

Please send enquiries via your Club Administrator to your District
<https://www.wcapeaquatics.co.za/events/wca-lc-a-champs-2024/>

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